

IN THE KITCHEN:



- grease & produce stickers = trash
- food = garbage disposal or compost

Grease sticks to household and sewage pipes. Over time, grease build-up will block the entire pipe and result in raw sewage backing up into your home or overflowing into the street or waterway. Follow these four simple steps to keep things running smoothly.



DON'T put produce stickers down the drain.

DON'T put grease, fats, or oil of any type down your drain or garbage disposal.



DO use baskets or strainers in sink drains to catch food scraps and other solids and empty them into the trash or compost them.

DO scrape grease and food scraps from cooking surfaces into a container and put in the trash can or compost.

**IN THE BATHROOM:
think trash
not toilets**

Flushing the wrong thing down the toilet damages your household plumbing, your environment and the wastewater treatment system. If it isn't biodegradable, put it in the trash instead of the toilet.



THESE ITEMS BELONG IN THE TRASH CAN



Band-aids & bandage wrappers



Cleaning wipes



Condoms



Cotton balls, swabs & pads



Dental floss & teeth whitening strips



Disposable diapers, nursing pads & baby wipes



Facial wipes



Hair



Kitty litter



Expired & unused prescription or over-the-counter medications.
(Return these to your pharmacy or place in the trash can.)



Mini & maxi-pads



Tampons & applicators

THIS BROCHURE IS PROVIDED BY:
EVERGREEN METROPOLITAN DISTRICT
KITTREDGE SANITATION & WATER DISTRICT
UPPER BEAR CREEK WATER & SANITATION DISTRICT
WEST JEFFERSON COUNTY METROPOLITAN DISTRICT

Protecting public health and the environment

*If it isn't biodegradable,
put it in the trash can,
not the toilet, or recycle it.*



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